



## YOUR GUIDE TO FINDING OPEN ACCESS PLUS PROVIDERS @ [www.cigna.com](http://www.cigna.com)

Select **Provider Directory** on the main page.

Choose type of provider you're looking for: **Physician, Hospital, Pharmacy or Facility/Ancillary**

Enter zip code OR city and state: **75062 or Irving, TX**

Select the distance you're willing to travel: **25 miles (which is default)**

Press **Next**

Select your benefit plan: **Open Access Plus Only**

If looking for a physician: **Select the type of physician - Primary Care Physician (PCP) or Specialist. Choose the specialty of the physician by clicking on the drop-down box.**

**Primary Care Physician = General Practice, Family Practice, Internal Medicine or Pediatric**

**Specialist = all other physicians**

If looking for a Facility/Ancillary: **Choose specialty from the drop-down box**

Press **Search**.

You can then review the results 2 different ways.

If multiple pages are noted, you can view other pages of the results by choosing **NEXT**

OR you can print the entire list of results by choosing **PRINT** (which will populate the results into an Adobe Acrobat pdf file).